

❖ **Analysis**

- Screen time of students reduced.
- Children began spending more time with parents.
- Increased interest in creative activities (craft, pottery, story writing).
- Some began doing yoga and exercise daily.

❖ **Result**

- Mobile phone usage among students decreased.
- Children became more active, disciplined, and interested in studies.
- Improvement observed in physical health and homework completion.

❖ **Conclusion**

- The research concludes that joint efforts of teachers and parents can successfully reduce mobile addiction among children.
- Children can rediscover learning, creativity, and respect for teachers, leading them toward progress.

❖ **Observation**

- Teachers and parents together can redirect children from bad habits.
- A strong teacher-student relationship fosters respect and discipline.

❖ **Suggestion for Future Research**

- The study was conducted on a small group of students.
- Future research can include a larger sample size, requiring discipline and dedication for deeper insights.
- Would you like me to make this summary into a PowerPoint (PPT) or PDF report for presentation?



Topic : Std. 1 to 5 – Social Media Behaviour

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Introduction :

Social media is a platform where people can connect, share, and communicate. Today, even children in primary classes (1 to 5) are influenced by social media, either directly or indirectly. This research explores how students of these grades behave towards social media, how much time they spend, and its effects.

❖ **Why and How Did You Choose the Subject?**

I chose this topic because social media is becoming an important part of children's lives. Even though it is designed for older users, many children in classes 1 to 5 are already exposed to it through parents, siblings, or their own devices.

❖ **Analysis of Information**

- 60% of children use social media (mainly YouTube, Instagram Reels, and WhatsApp status).
- 30% watch educational videos.
- 50% watch cartoons or entertainment shows.
- 20% sometimes copy behavior (slang, trends, dances) seen online.
- Many children prefer short videos over reading books.

❖ **Results**

- Students in classes 1 to 5 are aware of social media.
- They mostly use YouTube and short video platforms.

**Don't wait
for
motivation
create
discipline**

**The best
motivation
comes from
within**