❖ **Reason for Choosing the Topic :**

Observations revealed that many students were reluctant to read beyond the syllabus and lacked analytical writing skills. Teachers hypothesized that book reviews could make reading purposeful and enjoyable. The project was thus implemented as an action research initiative to measure its educational impact.

❖ **Research Methodology :**

A participatory action research approach was employed using a Plan–Act–Observe–Reflect cycle. Tools included: Pre- and Post-test Surveys to measure changes in reading habits and attitudes, Observation of student engagement and presentation skills, Qualitative Analysis of written book reviews, and Feedback Questionnaires from both students and teachers.

Process : (1) Survey (Pre-test): Collected baseline data on reading frequency and attitudes. (2) Implementation: Students and teachers selected books, read critically, and presented reviews over six weeks with guidance. (3) Observation: Engagement and confidence levels were monitored. (4) Evaluation (Post-test): Surveys, feedback, and review quality were compared to pre-test data.

❖ **Data Collection and Analysis :**

Quantitative data from surveys were tabulated to compare reading frequency and enjoyment before and after the project. Qualitative data from reviews and open-ended responses were analyzed for themes such as motivation, comprehension, and challenges faced. Rubrics assessed content accuracy, analytical depth, and clarity.

❖ **Results :**

Findings confirmed the project's positive impact: Reading Frequency: Students reading non-academic books rose from 5% to 50%; 85% of teachers read one book per month. Reading Attitude: Average enjoyment score increased from 1.5 to 4.1 (on a 5-point scale). Writing Skills: Noticeable improvement in summarizing, character analysis, and expression. Teacher Involvement: Most teachers completed reviews and reported stronger rapport with students. Feedback: 85% of students expressed enthusiasm for continuing the activity.

❖ **Conclusion :**

The Book Review Project proved highly effective in promoting reading habits and developing analytical and writing skills among Grades 6–10 students and teachers. It fostered a collaborative learning environment, improved reading enjoyment, and established a culture of shared literary engagement within the school community. Quantitative and qualitative data together validated the project's success.

Topic : Adolescent Problems of Students & their Solutions

- Mengar Dhruvi R.
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◆ **Introduction :** Adolescence, a period between childhood and adulthood (ages 10–19), involves significant physical, emotional, and social change. Students in this stage face multiple challenges that influence their academic and personal development. This study aims to identify key problems faced by adolescents in schools and explore practical solutions to support them effectively.

◆ **Interpretation of the Topic :**

- Adolescent: Derived from the Latin "adolescere," meaning "to grow up." It represents the transitional phase between childhood and adulthood.

- Problems: Behavioral, academic, emotional, or social challenges that hinder development.