

### ❖ **Research Mythology :**

Students of Narayan Vidhyayalay , from Std 6th to 10th were included. A paper test (Ink Blot test )was given to students in each class.

### ❖ **Research procedure :**

The study involved students from the age group of 12 to 15 years. Each participant was given ink blot images and asked them to write the answer of given questions:

### ❖ **Questions:**

1. What is the picture about?
2. What do you see in the given picture? What does the given picture want to say?
3. Why this picture been created?
4. What do you think of the given (picture)?
5. What do you think the given picture should look like?
6. What should be changed in the given picture?
7. Do you think it may be colorful? Which color would you choose in the picture?
8. What good/positive ideas can be seen in the given picture?

**Think,  
Learn,  
Grow...**

❖ **Result :** The purpose of this study was to explore the mental state, personality traits, and imagination levels of students aged 12-15 years using the Ink Blot Test. The findings revealed that responses varied according to age differences and, to some extent, by gender. Students in the 12-13 age group generally provided more imaginative and fantasy-based responses, such as animals, monsters, and magical objects. This suggests that younger adolescents still maintain a childlike creativity and tend to use imagination as a way of interpreting the world. Their responses also reflected curiosity, playfulness, and occasional fears, showing the emotional instability common at this age. On the other hand, students in the 14-15 age group gave more realistic and logical interpretations, such as human figures, social situations, or everyday objects. These responses indicate a gradual shift toward maturity, rational thinking, and a growing influence of social awareness. At the same time, some responses reflected anxiety, aggression, or stress, which may be linked to academic pressure and peer influence.

❖ **Conclusion :** The analysis showed that students aged 12-13 years tend to give more fantasy-based, imaginative, and playful responses, reflecting childlike creativity and emotional fluctuations. In contrast, students aged 14-15 years demonstrated more logical and socially influenced interpretations, showing the gradual shift toward maturity, responsibility, and rational thinking.

The findings confirmed the hypothesis that adolescents in this age group exhibit a combination of imagination, emotional instability, and emerging maturity. The test also revealed signs of anxiety, aggression, and stress among some students, highlighting the challenges faced during adolescence.

❖ **Observation :** Overall, this thesis demonstrates how the Ink Blot Test remains a useful tool in exploring the hidden layers of the adolescent mind and contributes to educational psychology by offering insights into students' mental health and personality development.

❖ **Suggestions for future research :** Counseling Services - Students showing signs of stress, anxiety, or aggression should be provided with counseling and guidance.

Parental Support – Parents should be educated about adolescent psychology so they can provide proper emotional support at home.

Further Research – Future studies should include a larger sample size and a comparison across different schools and regions for more accurate findings.